



Friday 7th February 2020

@CEChevening at the O2

Dear Parents/Carers,

This has been a busy week in school, with an important focus on Children's Mental Health Week, as well as opportunities for children to participate in wider sports activities at Knole Academy and music at the O2 in London.

Again, we are grateful to the staff and parent volunteers who have given their time and energy to these exciting opportunities, which enable our children to flourish by developing their voices and skills, as well as displaying courage, perseverance, compassion and respect. Please read what some of the children have to say for themselves on page 4.

Next week is the annual Internet Safety awareness week. Class 5 will be attending a schools' workshop in Sevenoaks and will bring back important information and ideas to share with the rest of the school. Staying safe online and knowing what to do if there is unsafe **content, communication or contact** are vital skills that form part of the children's learning in PSHE and Computing lessons. These need to be applied out of school as well as during learning time—and not just next week! If you want to know more, please see our regular reminders and pointers in Newsletters, as well as on the school website <https://www.chevening.kent.sch.uk/on-line-safety>

Our @40acts Generosity Challenge will start on Wednesday 26th February. Families can join in at home, as well as in school!

With best wishes,
Miss Minnis



Can you see our Chevening banner?

Christian Values

Our values are centred on God and acknowledge some characteristics modelled in the Bible: **LOVE, FAITH, FORGIVENESS, PERSEVERANCE, COMPASSION, HONESTY, RESPECT, COURAGE**. This week, we are celebrating these children for upholding particular values:

Naoise K-R PERSEVERANCE	R	For concentrating and trying his best during our P.E lesson
Theia W COURAGE	1	For always being willing to contribute to class discussions and put her ideas forward
Theo F PERSEVERANCE	2	For trying so hard in Geography this week
Eva R LOVE	3	For always being so kind and caring to others
Molly T LOVE & COMPASSION	4	For always looking after her friends
Matthew W PERSEVERANCE	5	For still tackling the Turing Code after someone had solved it and exploring Morse
Freddie H COURAGE & PERSEVERANCE	6	For sticking to what he was doing in challenging circumstances

Class R have been exploring height in Maths. They enjoyed measuring themselves using non-standard items in the classroom such as wooden blocks, lollypop sticks and cushions.



Class 3 were given the challenge of putting their creative skills to the test, as they designed and made their own Stone Age jewellery. It took both a lot of focus and perseverance, but we thoroughly enjoyed ourselves!



Class 1 'found our brave' yesterday. We read "The Huge Bag of Worries" by Virginia Ironside and discussed what it means to be brave and how it feels to have a lot of worries. We made posters to help other people to 'Find their Brave' too. We used watercolours to create paintings of how our world might look if there were no worries.



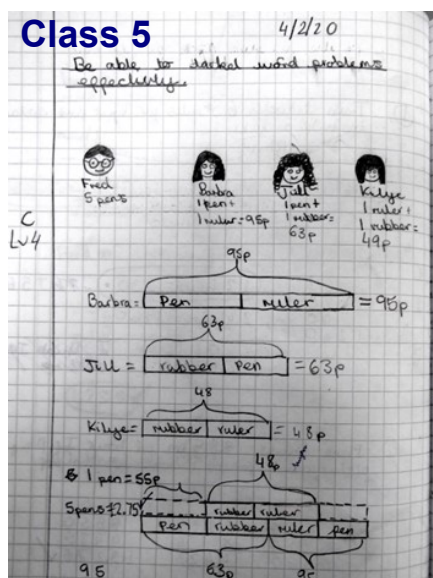
Class 6 have taken a rather alternative approach to art recently! Inspired by Aboriginal artists Emily Kane Kngwarreye, we have been exploring the technique of dot painting. Emily painted sat on the floor, changing hands according to what side of the canvas she was working on. We went to the hall to give this a go as well.



Class 4 created their first Gormley-inspired installation. What value have we chosen to represent?



Class 5 are working hard at using bar models and pictures to tackle difficult word problems. It is amazing how much clearer a problem can appear with the right diagram to help.



WHAT'S IT ALL ABOUT?

Bravery comes in all shapes and sizes and is different for everyone. Bravery can be about sharing worries and asking for help, trying something new or pushing yourself outside your comfort zone. **FINDING YOUR BRAVE** can build your confidence, self-esteem and make you feel good about yourself.

Life often throws challenges our way. Bravery isn't about coping alone or holding things in. It's about finding positive ways to deal with things that might be difficult, overcoming physical and mental challenges and looking after yourself.

We all have times when we need to **FIND OUR BRAVE**.

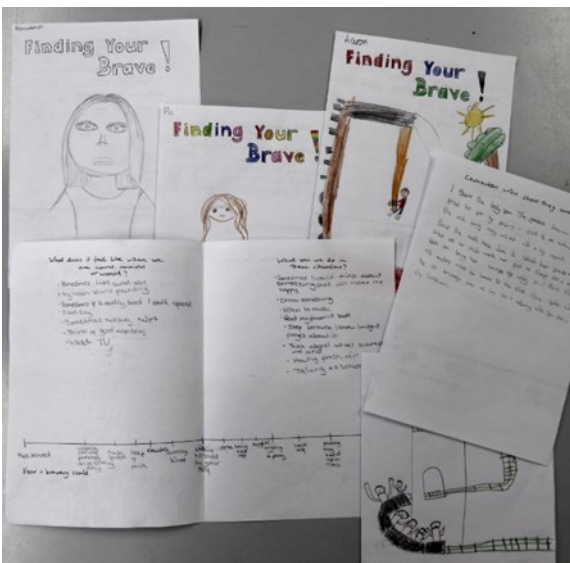
WHAT CAN YOU DO?

Here are a few simple ways you can encourage your child to **FIND THEIR BRAVE**.

1. **Remind your child that bravery comes in many forms and everyone is different.** What's brave for them might not feel brave to someone else.
2. **Chat with your child about a time when you've had to FIND YOUR BRAVE.** It might have been something big or small.
3. **Praise your child when they FIND THEIR BRAVE.** Maybe they've kept going at learning a new skill or tried something outside of their comfort zone which boosted their confidence.
4. **Point out examples of bravery in books and films** to your child and talk about how trying out different ways of being brave will help them feel good.
5. **Reassure your child that not feeling brave is OK too** and that there are times when it might be more difficult to be brave.

Class 6 and Class 5 have been thinking about the types of things which may make them anxious; how they can tell they are worried by the responses their bodies make; and ways that they can deal with the stress. The children then thought about how characters in books and films manage to 'find their brave' – that is, discover what it takes for them to feel brave and tackle a situation. Can you 'find your brave'?

Suggested Reading - KS2



Suggested Reading - KS1



Please see these links for more information/guidance on how to talk to children about mental health:

<https://www.childrensmentalhealthweek.org.uk/about-the-week/>

<https://www.place2be.org.uk/>

<https://www.mentallyhealthyschools.org.uk/getting-started/how-to-start-a-conversation-with-children-about-mental-health/>

Act of Worship News

We have explored some of Jesus' miracles of healing this week, seeing how He used His compassion and power to help others. This follows on from our last week's prayers, seeking Jesus' power in our world today. Class 1's prayer requests included:

- help for the people and animals in Australia, following the bushfires;
- help for sick friends and relatives;
- help for China and those suffering with coronavirus;
- help to provide food for everyone;

Thank you to Class 1 for these prayers. Now for a challenge—how can **we** show compassion and care to others in need?

News from The O2 By Elsie, Lilla & Evie

On Thursday 6th February, some pupils from Key Stage 2 participated in The Young Voices Concert at the O2. Young Voices is a collection of children from different schools who go to the O2 to sing the songs they have been learning during the previous months.

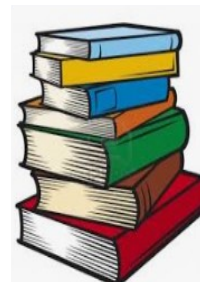
In Chevening, we met every week to practice the songs that many other children had also been learning. More than 8,000 children attended the event on that day. We enjoyed ourselves while singing and dancing to joyful songs.

We hope that next year, the children will have as much fun as we did! We would like to say a big thank you to: Mrs McLean, Miss Sweeney, Mrs Burrlock, Mrs Thompson and all the parents who gave up their time to listen to us sing.



Reading Workshop

Our next workshop will be at 9am on Weds 4th March, with a focus on Reading. This will tie in with our Book Week celebrations and learning, as well as our Scholastic Book Fair. Please book in via the School Office to secure your place.



Dates Ahead

Date	Event
11th February	Internet Safety Talk at Stag Theatre Y5 - Details TBC
13th February	Class 4 trip to Tutankhamun Exhibit - Details to follow
17th - 21st Feb	Half-Term
24th Feb	Term 4 Begins
1st April	Inset Day - No children in school
2nd - 15th April	Half-Term
16th April	Term 5 Begins

Online Safety

OWN IT
The Basics Take Control It's Personal Don't Panic About Us

Take control with the brand new Own It app!
[Find Out More](#)

How to stop feeling down - 5 things to do

Has something scared you online

Digital devices can have a large impact on the well-being of children. Prince William is one person who has chosen to speak out about mental health.

This Newsround article gives the Prince's view on a BBC app called 'Own IT'. www.bbc.co.uk/newsround/50613429.

Information about the app can be found here: <https://www.bbc.com/ownit>

Class Attendance

Regular and punctual attendance ensures that everyone benefits from all that is on offer in school—socially, emotionally and academically, now and into the future.

	Weekly Attendance	Year to Date Attendance
Class R	97.9%	97.2%
Class 1	98%	97.6%
Class 2	93.6%	96.7%
Class 3	91.7%	98%
Class 4	98.7%	97.6%
Class 5	96.8%	96.8%
Class 6	96.2%	96.4%
Whole School	96.2%	97.2%
Excellent	>97%: Celebration of excellent attendance	
Good	95-97%: Note of good attendance	
Poor	<95%: Alert to poor & worrying attendance	

PTA News

The PTA School Disco last Friday was a great success. The Children were full of energy and “throwing some fantastic shapes” on the dance floor. We are thrilled to say we raised £595 for the PTA funds.

Thank you so much to those parents who helped out with the event, we could not hold these events without your help. A huge “shout out” to Captain-Fantastic.co.uk who jumped in at the last minute to host the Disco - they were brilliant! Captain-Fantastic.co.uk are offering £25 off any booking a child makes from Chevening School using the Promo Code CFN20CEVA.



Class 5 News

Class 5 are really pleased to let you know that they have finished 3 versions of a book for ‘Their Voice’ – written in several different languages. It is a book of ‘affirmations’, which are used by Their Voice to try to help people to see themselves in a new, positive light after their traumatic experiences. Self-image is a really important part of mental health and well-being, as are identity and home ‘roots’. We are very excited to say that we are publishing the books via the Lulu.com website.



We have A5 ‘pocket’ versions which could be a lovely gift for someone. If you are a parent of a child in class 5, we have a Special Edition of over 100 pages which uses colour illustrations from every pupil in the class. (It also has an ‘About the Author’ section, which has a mini self-portrait and a little bit of information about each person.)

We are offering the books at cost price but would ask whether there are any parents who would be willing to do a reverse ‘BOGOF’ offer. This time to Buy One for themselves and Give One to Their Voice for Free. We know it could make an enormous difference to someone’s well-being to start to re-learn that they are loved, cherished and strong... despite all they have been through.

The smaller books are £4.50 and £5.50 for the special, Class 5 edition (for the school only). Please place orders with the office before the end of term.

Competitions

There are some other good competitions that you may like to encourage your child to take part in. For the Upper KS2 pupils there is the [Alan Turing Cryptography Challenge](#). Be warned - this starts simply but gets more difficult over the weeks as it is designed for Secondary Pupils!

There are also two 500 word story competitions at the moment. The [BBC Radio 2 competition](#) attracts some great entries and there is also the more local [Chiddingstone Castle Literary Festival](#) Short Story competition. Let’s get writing!